





birds. The early morning quiet and chirping of the birds and the gentle lapping sound of the water was a refreshing change from the sounds of Mumbai traffic that one is usually used to in the mornings.

None of us knew what to expect, our avian knowledge being limited to the crow and sparrow. The most number of birds known to even the more knowledgeable amongst us, extended no more than three, with the addition of the odd parrot.

As the boat gently drifted through the canals, we were witness to a host of avian activity. A Brahmini Kite flew overhead with its characteristic 'scream' that, to me, sounded like a creaky door opening in a horror movie. On the ground and on the banks, hundreds of waders such as ruffs, redshanks, sandpipers and stints pecked away satituppers and stints pecked away at the mud. A flock of godwits wheeled around and settled a distance away. Kingfishers perched patiently on the mangroves, only to disappear in a flash of blue

154 letwings December 2007

on spotting their prey. Our guide informed us that there were five types of kingfishers seen in the area. We saw the Small Blue Kingfisher, the White-throated Kingfisher and the Black-capped Kingfisher. Not bad for a first birding expedition! Interestingly, the first sighting of a bird for anyone is called "a lifer" — nothing to do with prisons and other such thoughts! So given this quaint terminology, practically all the birds we saw were "lifers" for us! One can also climb up to a watchtower in the sanctuary but we decided we were having too much fun on the canal cruise, and gave the watchtower a pass.

In the few hours we spent cruising In the few hours we spent cruising around, our guide explained the ecology and the importance of mangroves. He also explained how the mangrove ecosystem facilitates breeding grounds for several varieties of fish and insects that are natural prey for birds. Apart from birds, flying foxes, jackals and crocodiles are also found in the sanctuary. The mangroves also act

as a natural barrier and prevent sea ingress into the land, thus providing a buffer to the coastal region from possible natural calamities

## **Exotic varieties**

We headed out to Bondla and Mollem to catch a glimpse of some of the different types of birds. The best part of Bondla birding starts in the two-odd kilometre approach to the sanctuary. Situated at the foot of the Western Ghats, Bondla lies about 52 km east of Panaji and an hour-52 km east of Panaji and an hour-and-a-half-long drive from Baga or Candolim. The habitat is largely mixed forest in gently undulating terrain. We got lucky and sightted a gorgeous Malabar Trogon, which flew past us in a mersmerising scarlet Fash. We even saw the Brown-headosi Barbet, Heart-spotted Woodpecker, Hair-crested Drogon and the examina crested Drongo and the common rosefinch. A Grey Hornbill perched on a tree yonder picked on same figs. About 20 km ahead of Bondla is the Bhagwan Mahavir National Park at Mollem. The bird life here is similar to





